

HOMMES outdoor 2018

Valable à partir du 01.04.2018

	U20	Nat B			Nat A			International			
		<i>Jpee 2017</i>			<i>U23 2017</i>			<i>EM 2018</i>			<i>WM 2017</i>
		1	2	3	1	2	3	1	2	3	4
100 m	11.28	11.00	10.87	10.73	10.60	10.52	10.43	10.35	10.27	10.20	10.12
200 m	22.65	22.10	21.88	21.67	21.45	21.27	21.08	20.90	20.75	20.59	20.44
400 m	50.23	49.00	48.62	48.23	47.85	47.47	47.08	46.70	46.30	45.90	45.50
110 m H 914 cm	14.90										
110 m H 991 cm	14.90										
110 m H 1067 cm	15.17	14.80	14.70	14.60	14.50	14.28	14.07	13.85	13.73	13.60	13.48
400 m H 840 cm	57.30										
400 m H 914 cm	55.35	54.00	53.47	52.93	52.40	51.83	51.27	50.70	50.25	49.80	49.35
800 m	1.56.30	1.53.50	1.51.90	1.50.40	1.48.80	1.48.40	1.48.00	1.47.60	1.47.03	1.46.47	1.45.90
1000 m	2.31.00										
1500 m	3.59.30	3.53.50	3.51.20	3.48.80	3.46.50	3.44.33	3.42.17	3.40.00	3.38.67	3.37.33	3.36.00
3000 m	8.50.00										
5000 m	15.02.00	14.40.00	14.30.80	14.21.70	14.12.50	14.02.33	13.52.17	13.42.00	13.35.53	13.29.07	13.22.60
10000 m		30.40.00	30.31.70	30.23.30	30.15.00	29.48.33	29.21.67	28.55.00	28.36.67	28.18.33	28.00.00
2000 m stpl 914 cm	6.24.00										
3000 m stpl	9.26.80	9.13.00	9.12.00	9.11.00	9.10.00	9.00.00	8.50.00	8.40.00	8.37.33	8.34.67	8.32.00
1/2 Marathon		1.08.15	1.07.50	1.07.25	1.07.00	1.06.35	1.06.10	1.05.45	1.05.25	1.05.05	1.04.45
Marathon		2.26.00	2.25.13	2.24.27	2.23.40	2.22.53	2.22.07	2.21.20	2.20.33	2.19.47	2.19.00
Longueur	6.87	7.05	7.20	7.35	7.50	7.65	7.80	7.95	8.02	8.08	8.15
Triple	14.58	14.95	15.15	15.35	15.55	15.90	16.25	16.60	16.67	16.73	16.80
Hauteur	1.98	2.03	2.07	2.11	2.15	2.19	2.22	2.26	2.27	2.29	2.30
Perche	4.68	4.80	4.93	5.07	5.20	5.32	5.43	5.55	5.60	5.65	5.70
Poids 5 kg	17.00										
Poids 6 kg	17.00										
Poids 7.26 kg	15.60	16.00	16.45	16.90	17.35	18.20	19.05	19.90	20.10	20.30	20.50
Disque 1.5 kg	51.00										
Disque 1.75 kg	51.00										
Disque 2 kg	48.75	50.00	51.20	52.30	53.50	56.83	60.17	63.50	64.00	64.50	65.00
Javelot 700 g	61.40										
Javelot 800 g	62.40	64.00	66.00	68.00	70.00	73.33	76.67	80.00	81.00	82.00	83.00

FEMMES outdoor 2018

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	U20	Nat B			Nat A			International			
		<i>Jpee 2017</i>			<i>U23 2017</i>			<i>EM 2018</i>			<i>WM 2017</i>
		1	2	3	1	2	3	1	2	3	4
100 m	12.66	12.35	12.20	12.05	11.90	11.77	11.63	11.50	11.42	11.34	11.26
200 m	25.83	25.20	24.95	24.70	24.45	24.13	23.82	23.50	23.37	23.23	23.10
400 m	58.22	56.80	56.20	55.60	55.00	54.47	53.93	53.40	52.97	52.53	52.10
100 m H 762 cm	14.60										
100 m H 840 cm	14.86	14.50	14.35	14.20	14.05	13.78	13.52	13.25	13.16	13.07	12.98
400 m H 762 cm	64.22	62.65	62.02	61.38	60.75	59.73	58.72	57.70	57.17	56.63	56.10
800 m	2.16.30	2.13.00	2.11.70	2.10.30	2.09.00	2.06.83	2.04.67	2.02.50	2.02.00	2.01.50	2.01.00
1500 m	4.41.90	4.35.00	4.32.00	4.29.00	4.26.00	4.21.33	4.16.67	4.12.00	4.10.50	4.09.00	4.07.50
3000 m	9.55.00										
5000 m	17.51.10	17.25.00	17.08.30	16.51.70	16.35.00	16.16.67	15.58.33	15.40.00	15.34.00	15.28.00	15.22.00
10000 m		36.30.00	36.31.70	36.33.30	36.35.00	35.30.00	34.25.00	33.20.00	33.18.33	32.16.67	32.15.00
2000 m stpl 762 cm	7.36.00										
3000 m stpl 762 cm	11.01.10	10.45.00	10.41.70	10.38.30	10.35.00	10.21.67	10.08.33	9.55.00	9.50.67	9.46.33	9.42.00
1/2 Marathon		1.19.20	1.18.50	1.18.20	1.17.50	1.17.20	1.16.50	1.16.20	1.16.00	1.15.40	1.15.20
Marathon		2.52.00	2.51.13	2.50.27	2.49.40	2.48.53	2.48.07	2.47.20	2.46.33	2.45.47	2.45.00
Longueur	5.70	5.85	5.95	6.05	6.15	6.30	6.45	6.60	6.65	6.70	6.75
Triple	11.94	12.25	12.43	12.62	12.80	13.17	13.53	13.90	13.97	14.03	14.10
Hauteur	1.66	1.70	1.73	1.77	1.80	1.83	1.87	1.90	1.91	1.93	1.94
Perche	3.66	3.75	3.83	3.92	4.00	4.15	4.30	4.45	4.48	4.52	4.55
Poids 3 kg	14.25										
Poids 4 kg	13.16	13.50	13.83	14.17	14.50	15.17	15.83	16.50	16.92	17.33	17.75
Disque 1 kg	45.34	46.50	47.20	47.80	48.50	51.00	53.50	56.00	57.73	59.47	61.20
Javelot 500 g	44.15										
Javelot 600 g	45.34	46.50	47.67	48.83	50.00	53.00	56.00	59.00	59.80	60.60	61.40
Marteau 3 kg	57.10										
Marteau 4 kg	50.21	51.50	54.33	57.17	60.00	63.00	66.00	69.00	69.67	70.33	71.00
Heptathlon Cadettes	4680										
Heptathlon Juniors	5115										
Heptathlon Seniors	5020	5150	5170	5180	5200	5433	5667	5900	6000	6100	6200

